



Training course outline

ITU and Naif Arab University for Security Sciences (NAUSS)

Title	Cybersecurity Foundations	
Modality	Online Instructor led	
Dates	19-20 January 2022	
Duration	2 days	
Registration deadline	12 January 2022	
Training fees	0 USD	
Description	This training will enable the participants to underst cybersecurity foundations principles, encryption, decryption mechanisms. Also, to differentiate between thr vulnerability and risk in cybersecurity. Furthermore, to practical skills related to cyberattacks and its trends. course also provides hands-on practice with a virtual machand cyberattacks simulation.	
Code	22OI28030ARB-E	

1.LEARNING OBJECTIVES

To understand the principles of cybersecurity and to perform practical skills in simulating a phishing attack.

2. LEARNING OUTCOMES

- Knowledge of the main elements of cybersecurity and describe their importance.
- Knowledge of the trends of cyber-attacks and differentiate between the types of these cyberattacks.
- Knowledge of differentiating between threat, vulnerability and risk in cybersecurity domain.
- Skills to conduct of Demonstrate the practical steps of cyber-attacks simulation.
- Skills in Perform the steps of vulnerabilities scanning
- Skills in using virtual machine and simulating cyberattacks.





3.TARGET POPULATION

This training is providing a great value for network administrators, system administrators, security operation centre employees as well as individuals who are interested in gaining more knowledge in cybersecurity.

4.ENTRY REQUIREMENTS

There is not mandatory prerequisite course to attend this course, but the following knowledge and skills preferred.

- Have a background of computer science and IT related experience.
- Basic level experience in Linux Operating System.

5.TUTORS/INSTRUCTORS

Name of tutor(s)/instructor(s)	Contact details
Dr. Meryem AMMI	mammi@nauss.edu.sa

6.TRAINING COURSE CONTENTS

Topic	Description
Cybersecurity	This topic covers the fundamentals of cybersecurity
Fundamentals	
Introduction to	Types of cyberattacks and threats, and the difference between
cyberattacks and	vulnerability, risk and threat.
threats	
Virtualization and	Principles of virtualization, Practical steps to install a Kali Linux
virtual machines/Kali	virtual machine.
Linux OS	
Simulation of a	Practical steps on simulating a phishing attack using Kali Linux
phishing attack on VM	VM

7.TRAINING COURSE SCHEDULE (Riyadh Time)

Day / Session	Topic	Exercises and interactions
Day 1: 19 Jan.	Cybersecurity Fundamentals Introduction to cyberattacks and threats	Case studies on how to defend cyberattacks and threats





Day 2: 20 Jan.	Virtualization and virtual machines/Kali Linux OS	Hands on simulating a phishing attack
	Simulation of a phishing attack on VM	

8.METHODOLOGY (Didactic approach)

The course will include Instructor-led presentations, case studies, group exercises and assignments.

9.EVALUATION AND GRADING

The training will be concluded with the final test with passing score of 70 percent.

10.TRAINING COURSE COORDINATION

Training Coordinator:

Dr. Abdulrazaq Al-Morjan

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