Information note

ITU and Inatel

Title	Emerging technologies shaping the digital future
Dates	19 – 23 May 2025
Location	São Paulo - Brazil

1. TRAINING COURSE VENUE

The training course venues is still to be defined

2. DETAILS OF ARRIVAL AND LOCALTRANSPORT

To reach São Paulo, the best arrival option is São Paulo-Guarulhos International Airport (GRU). This airport is the largest in Brazil and offers numerous international flights, making it the most convenient choice for travelers.

Another option is Viracopos-Campinas International Airport (VCP), located approximately 101 km from São Paulo. This airport also serves international flights and can be a good alternative for reaching the city.

Please note that transportation from the chosen airport to the designated hotel is the responsibility of the course participant. However, daily transportation between the hotel and the venue where the course will be held is provided by Inatel/ITU.

Transportation Options:

São Paulo-Guarulhos International Airport (GRU):

- **Public Transportation:** The airport is connected to São Paulo's metro system via Line 13-Jade, which links to other metro lines for easy access to the city.

- **Taxis:** Taxis are readily available 24/7 outside the terminals. The ride to the city center takes about 35-45 minutes, depending on traffic[1].

- **Uber:** Uber services are available at GRU, offering a convenient and often cheaper alternative to traditional taxis[2].

Viracopos-Campinas International Airport (VCP):

- **Public Transportation:** There are bus services connecting the airport to Campinas and São Paulo, though they may take longer than other options.

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- **Taxis:** Taxis are available at the airport, providing direct service to São Paulo. The journey takes approximately 1.5 to 2 hours[3].
- **Uber:** Uber operates at VCP, offering various ride options to suit different needs and budgets[4].

These transportation options ensure that travelers can choose the most suitable method to reach their destination comfortably.

References

[1] Getting To Know Sao Paulo: The Best Way To Get From The Airport To The ...

[2] Request a taxi to São Paulo International Airport (GRU) - Uber

[3] Campinas Viracopos Airport (VCP) - Passenger Info & Getting to City

[4] Campinas Airport Taxi - Request a Ride with Uber Instead

3. ONSITE REGISTRATION

To register for the course and collect your badge, you will need to present a document with your full name and photo, such as a passport.

3. VISA REQUIREMENTS

Information on visa requirements/exemptions can be found here: https://www.gov.br/mre/pt-br/assuntos/portal-consular/vistos/quadro-geral-de-regime-de-vistos-para-entrada-de-estrangeiros-no-brasil Those participants who need an entry visa for Brazil, should apply in advance at the Brazil or relevant consular post in their country.

In case you need a visa invitation, please contact danielnunes@inatel.br as soon as possible.

4. ACCOMODATION

The scheduling and accommodation expenses, excluding any extra charges at the hotel, are the responsibility of Inatel/ITU. Additionally, transportation between the hotel and the venue where the course will be held is also provided by Inatel/ITU. Please note that the specific hotel has yet to be determined. Transportation between the hotel and the airport is the responsibility of the course participant.

5. CURRENCY

The local currency is the Brazilian Real (BRL), symbolized as R$. However, please note that US dollars and euros are also widely exchangeable at local banks and currency exchange offices.

Credit cards are widely accepted in Brazil, especially in urban areas and tourist destinations. The most commonly accepted cards are Visa and MasterCard, while American Express and Diners Club are also accepted in many places[1]. It's advisable to carry some cash for smaller establishments or in remote areas where card payments might not be available[2].

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ATMs are widely available throughout Brazil, including in major airports, shopping centers, and banks. Most ATMs accept international cards, particularly those from Visa and MasterCard networks[3]. It's a good idea to notify your bank about your travel plans to avoid any issues with card usage abroad.

References

[1] Information on Payment Methods in Brazil | Aventura do Brasil

[2] Using Your Debit Card in Brazil: A Cash, Card, and ATM Guide - N26

[3] ATMs in Brazil: locations, fees, and tips - Wise

6. ELECTRICAL APPLIANCES
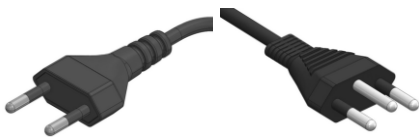
The country code of Brazil is +55.

Mobile SIM cards are widely available in Brazil. Major providers include Claro, Vivo, and TIM. To purchase a SIM card, you can use a valid foreign document, such as a passport.

The electric supply in Brazil is either 127 volts or 220 volts, with a frequency of 60 hertz. It is important to check the voltage in the specific area you will be staying, as it can vary.

There are two major associated plug types in Brazil:

- **Type C:** Two round pins, commonly used in Europe.
- **Type N:** Three round pins, including a grounding pin.

Please refer to the images below for visual reference:

7.LANGUAGES

The official language of Brazil is Portuguese, spoken by the entire population. In addition to Portuguese, English and Spanish are also spoken in some specific areas, particularly in tourist destinations and major cities.

8. SECURITY

São Paulo is a dynamic and exciting city, but like any large metropolis, it's important to stay mindful of your safety. Here are some general safety tips to help you navigate the city comfortably:

General Safety Tips:

- **Be Aware of Your Surroundings:** Always stay alert, especially in crowded places like public transportation, markets, and tourist attractions. Avoid displaying valuable items openly.

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- **Use Trusted Transportation:** Stick to reputable taxi services, ride-sharing apps like Uber, or public transportation. Avoid accepting rides from strangers.

- **Stay in Well-Lit Areas:** At night, stick to well-lit and populated areas. Avoid walking alone in unfamiliar or poorly lit places.

- **Keep Personal Items Secure:** Use a secure bag or backpack and keep it close to your body. Be cautious with your belongings, especially in crowded areas.

Using Your Mobile Phone:

- **Discreet Usage:** Avoid using your phone openly in public spaces, particularly in areas known for pickpocketing. If you need to use your phone, do so discreetly.

- **Secure Your Phone:** Use a sturdy case and screen protector to prevent damage. When not in use, keep your phone in a secure pocket or bag.

- **Emergency Contacts:** Save important contacts, such as local emergency numbers and your hotel's contact information, in your phone for easy access.

By following these tips, you can help ensure a safe and enjoyable experience while exploring São Paulo.

9. MEDICAL AND HEALTH

To enter Brazil, there are no specific vaccines required for most travelers. However, it is recommended to be up-to-date on routine vaccines such as measles, mumps, rubella (MMR), diphtheria-tetanus-pertussis, varicella (chickenpox), polio, and your yearly flu shot. Additionally, vaccines for hepatitis A, hepatitis B, typhoid, and yellow fever are recommended depending on the areas you plan to visit.

As of now, there are no COVID-19 testing or vaccination requirements for travelers entering Brazil. However, it is always a good idea to check for any updates before your trip, as regulations can change.

Emergency Numbers:

- Medical Emergency (ambulance): 192

- Fire Service: 193

- Police: 190

Nearest Medical Centers in São Paulo:

- Hospital das Clínicas: Av. Dr. Enéas de Carvalho Aguiar, 255, Cerqueira César

- Albert Einstein Hospital: Av. Albert Einstein, 627/701, Morumbi

- Hospital Sírio-Libanês: Rua Adma Jafet, 91, Bela Vista

- Hospital Alemão Oswaldo Cruz: Rua Treze de Maio, 1815, Bela Vista.

Health Centers (Postos de Saúde): São Paulo has numerous health centers, known as "postos de saúde" or "UBS" (Unidades Básicas de Saúde), which provide essential medical services. These centers are distributed

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throughout the city and offer a range of healthcare services, including general consultations, vaccinations, and emergency care. Some examples include:

- **UBS República:** Rua Aurora, 780, República

- **UBS Sé:** Rua Frederico Alvarenga, 259, Sé

- **UBS Bela Vista:** Rua Major Diogo, 1040, Bela Vista

- **UBS Jardim Paulista:** Rua Pamplona, 1182, Jardim Paulista

- **UBS Pinheiros:** Rua Ferreira de Araújo, 789, Pinheiros

- **UBS Vila Mariana:** Rua Domingos de Morais, 1947, Vila Mariana

Pharmacies: Pharmacies, known as "farmácias" or "drogarias," are widely available throughout São Paulo. Many are open 24 hours and offer delivery services. Some well-known pharmacies include Drogasil, Droga Raia and Farma Conde.

10. WEATHER

In May, São Paulo experiences mild and pleasant weather. The average daytime temperature typically reaches around 24°C (75°F), while nighttime temperatures can drop to about 14°C (57°F).

São Paulo operates on Brasília Time (BRT), which is UTC-3 hours. There is no daylight-saving time in São Paulo, so the time difference remains consistent throughout the year.

11. TRAINING COURSE COORDINATION

Course coordinator	ITU coordinator
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