



## Training course outline

Title	Child Online Protection for Parents and Carers (Introductory)
Modality	Self-paced
Dates	10 January 2023- 31 December 2023
Duration	2 hours including reference material
Registration deadline	24 December 2023
Training fees	free
Description	Child Online Protection (COP) is a growing concern as children are at risk of violence, abuse, exploitation, and neglect online. Engaging parents in online safety has never been more important since parents and guardians must understand the exact nature of child online engagements. This self-paced course is designed for parents and guardians about child online behaviours, threats and risks associated with cyberspace, and help them build an open conversation about cyber safety in the family setting.
Code	23OS100118MUL-E

### 1. LEARNING OBJECTIVES

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The main learning objectives of this course is to develop an understanding of the types of online risks and harm associated with the internet, how children react to such vulnerabilities and additional resources at their disposal.

### 2. LEARNING OUTCOMES

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Upon completion of this course, participants will be able to:

- Identify types of online risks and how these can harm children
- Understand the safety measures they can put in place to protect their children
- Identify the immediate actions they can perform to help children subjected to online violence.

### 3. TARGET POPULATION

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Parents and caregivers who have a basic knowledge of ICT and familiar with online courses.

#### 4. ENTRY REQUIREMENTS

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None

#### 5. TRAINING COURSE CONTENTS

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##### Lesson 1 – Welcome to the course

##### Lesson 2 - Children and their Digital Rights

The six digital rights as reflected in the United Nations Convention of the Rights of the Child. Understanding the value of child online safety.

##### Lesson 3 - Children and young people on the Internet

How children use the internet, why the internet has become an unavoidable part of children's day-to-day-life, What are different devices children use to surf the internet, and what children do that their parents may not know.

##### Lesson 4 - Online risks and vulnerabilities

Learn about safety alerts. Identify online risks and harms. [Click here to enter text.](#) Understand how children react to such vulnerabilities

##### Lesson 5 - Safety measures

What preventive measures parents can take to mitigate exposure to and online risks and harm to children

##### Lesson 6 - Reporting and Responding

What are the immediate actions parents and guardians can take to help children subjected to online violence, and where can parents have further advice and support.

##### Family Pledge

Download a family pledge for family members to sign.

#### 6. TRAINING COURSE SCHEDULE

Module	Topic	Exercises and interactions	Duration
Lesson 1	Welcome	Read the Introduction to the course and learning objectives	5 min
Lesson 2	Child Digital Rights	1. Read about the six digital rights reflected by the UN CRC. Understand the value of child online safety.	10 mins

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		2. Knowledge check (multiple choice) on how to create new ways to perpetrate violence against children.	
<b>Lesson 3</b>	<b>What children do online that parents may don't know</b>	<p>1 - Read about how children use internet</p> <p>2 - Read why the internet has become an unavoidable part of children's day-today-life</p> <p>3 - Read about what children do online that parents may not know</p> <p>4 - Reflect about your children and their use of internet</p> <p>Knowledge check (multiple choice) on ways children use internet.</p>	15 min
<b>Lesson 4</b>	<b>Online risks and vulnerabilities</b>	<p>1 - Watch a video on how to identify online risks and harms</p> <p>Knowledge check (harm/risk) on identification which situations are harmful and which are risky.</p> <p>2 - Read about how children react to such vulnerabilities</p> <p>Knowledge check (true/false) on understanding what online risks are.</p>	20 min
<b>Lesson 5</b>	<b>A closer look at risks</b>	<p>1- Read about how to identify fake news</p> <p>Knowledge check (T/F) of fake news examples.</p> <p>2- Watch a video about signs of cyberbullying</p> <p>Knowledge check (matching) the risks and their examples.</p>	10 min
<b>Lesson 6</b>	<b>Creating Safe Environments</b>	<p>1- Read advice for parents on how to create safe environment.</p> <p>Knowledge check (single choice) - What is not recommended to do to create safe environments for children?</p>	10 min
<b>Lesson 7</b>	<b>Reporting and Responding</b>	Read list of resources for reporting and responding.	15 min
<b>Lesson 8</b>	<b>Family Pledge</b>	Print out and sign the family pledge provided in the module.	10 min

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<b>Assessment</b>	<b>None, the course will be completed when the user reads through all the course modules.</b>	20 min
<b>Total</b>		115 min

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### 7. METHODOLOGY (Didactic approach)

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The course is delivered using Rise modules with interactive activities like quizzes, drag and drop exercises, flipcards, etc. It will include video clips and images selected from ITU Partners as well as interactive exercises focusing on nurturing learners' critical thinking and problem-solving skills when using the internet.

### 8. EVALUATION AND GRADING

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A final quiz will have 10 questions, 10 points per each and 100 points in total.  
Total score higher than 70% is required to obtain the ITU digital badge.

### 9. TRAINING COURSE COORDINATION

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