



## Training course outline

Title	Child Online Protection for Parents and Carers (Intermediate)
Modality	Self-paced
Dates	10 January 2023- 31 December 2023
Duration	2 hours including reference material
Registration deadline	24 December 2023
Training fees	free
Description	This course is designed to educate parents/caregivers/guardians on their role as social support in helping their children who might have encountered online harm.
Code	23OS100119MUL-E

### 1. LEARNING OBJECTIVES

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The main learning objectives of this course is to develop an understanding of online sexual abuse and exploitation of the children and how children who have been subjected to these risks can be helped, including the prevention of re-victimisation, immediate response and reporting to the authorities.

### 2. LEARNING OUTCOMES

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Upon completion of this course, participants will be able to:

- be able to recognize signs of child online exploitation;
- know to avoid victimising children who were sexually exploited;
- understand the types of online risks and harm associated with the internet, and how children will react to such vulnerabilities;
- be able to perform immediate actions to help children subjected to online violence;
- be familiar with the resources for further advice and support.

### 3. TARGET POPULATION

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Parents who have a basic knowledge of ICT skills, can take courses online and who have completed the ITU's introductory course on child online protection.

### 4. ENTRY REQUIREMENTS

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Completed the ITU's basic course on child online protection.

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## 5. TRAINING COURSE CONTENTS

### Lesson 1 – Welcome to the course

#### Lesson 2 –The importance of learning about potential risks

Understanding the consequences of children’s online engagements and the difference between risky and harmful behaviours.

#### Lesson 3 - The 4Cs: Classifying Online Risk to Children

The 4C’s classification of online risks: Content, contact, conduct, and contract and the different natures of risks. how youth negotiate risks related to online abuse and exploitation.

#### Lesson 4 – Online Child Sexual Abuse and Exploitation

Sexual education and online risks. Child Sexual Abuse and Exploitation. The issue of distinguishing between ‘online’ and ‘offline’ abuse and exploitation and what contributes to the growing risk of OCSEAs.

#### Lesson 5 –Types of OCSAE

Explaining the five types of OCSAE: Sexting and its consequences. Five stages of Online Grooming. Child Sexual Abuse Material (CSAM) and their impact on victims and non-offending family members. Live Streaming of child sexual abuse. Sextortion.

#### Lesson 6 - Responding and reporting

Understanding who is at risk. Preventive measures (the importance of building trust and staying alert; adoption of SMART internet rules). How to handle Child Abuse Disclosures and how to immediately respond to them. Reporting (inappropriate content, child abuse, etc.). Summary: guidelines for parents and caregivers

## 6. TRAINING COURSE SCHEDULE

Section	Topic	Exercises and interactions	Duration
Lesson 1	Welcome to the Course	Read the Introduction to the course and learning objectives.	5 min
Lesson 2	The importance of learning about potential risks	<ol style="list-style-type: none"> <li>1. Read the children’s testimonials to the dangers they face online.</li> <li>2. Watch the video “Child predator experiment”.</li> <li>3. Read about the difference between risky and harmful behaviours.</li> <li>4. Matching activity: match the type of online engagements and its consequences.</li> </ol>	20 min
Lesson 3	The 4Cs: Classifying Online Risk to Children	<ol style="list-style-type: none"> <li>1. Understand the 4C’s classification:</li> <li>2. Click the flashcards and read about “content”, “contact”, “conduct”, and “contract”.</li> </ol>	20 min

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<b>Lesson 4</b>	<b>Online Child Sexual Abuse and Exploitation</b>	<ol style="list-style-type: none"> <li>1. Read about the connection between sexual education and risks of sexual nature for children online.</li> <li>2. Read about child sexual abuse and exploitation, understand the terminology: child, child sexual abuse, child sexual exploitation.</li> <li>3. Read the introduction to Online Child Sexual Abuse and Exploitation and what contributes to it.</li> </ol>	20 min
<b>Lesson 5</b>	<b>Types of OCSAE</b>	<ol style="list-style-type: none"> <li>1. Read about sexting and its consequences. Watch the video by UNICEF about Diana.</li> <li>2. Read about online grooming, understand the five stages of online grooming (interactive).</li> <li>3. Read about Child Sexual Abuse Materials and its impact on victims and non-offending members (interactive tabs).</li> <li>4. Read about live streaming of child sexual abuse. Watch the video by UNICEF about a 8-year-old abuse case. Read shocking statistics regarding child online abuse (interactive flashcards).</li> <li>5. Read about sextortion and watch a video “Send a Mole rat instead”.</li> </ol>	25 min
<b>Lesson 6</b>	<b>Responding and reporting</b>	<ol style="list-style-type: none"> <li>1. Read about who is at risk (interactive flashcards).</li> <li>2. Read what can be done to prevent child victimisation (hotspot activity).</li> <li>3. Learn to handle disclosures (interactive accordion).</li> <li>4. Case study activity: sort the “correct” and “incorrect” behaviours in case of a child victimisation.</li> <li>5. Read about immediate response (accordion).</li> <li>6. Read about reporting (flashcards, text, links).</li> <li>7. Read an interactive summary.</li> </ol>	30 min

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<b>Total</b>			120 min
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### 7. METHODOLOGY (Didactic approach)

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The course is delivered using Rise modules with interactive activities like quizzes, drag and drop exercises, flipcards, etc. It will include video clips and images selected from ITU Partners as well as interactive exercises focusing on nurturing learners' critical thinking and problem-solving skills when using the internet.

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### 8. EVALUATION AND GRADING

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A Self- Assessments exercises will have 10 questions, 10 points per each and 100 points in total. Total score higher than 70% is required to obtain the ITU digital badge.

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### 9. TRAINING COURSE COORDINATION

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