



National Institute  
of Telecommunications

ITU Centres of Excellence Network for Europe  
National Institute of Telecommunications  
Online Training Course on  
**Security and QoS in Internet Network**  
13-20 April 2020

**COURSE OUTLINE**

**COURSE DESCRIPTION**

|                       |  |
|-----------------------|--|
| Title                 | Security and QoS in Internet Network   |
| Objectives            | This course will focus on Security and Quality of Service (QoS) in Internet network from technology, regulation and business aspects. It will cover Internet fundamentals, including Internet protocols and architectures, Internet security standards and approaches as defined by IETF (Internet Engineering Task Force), as well as ITU's security architectures for end-to-end communications. Further, the course will incorporate cybersecurity approaches from the ITU viewpoint, and security aspects of emerging cloud computing and Internet of Things (IoT). Further, the course will incorporate Internet QoS, including the standardized solutions and practical approaches for provision of end-to-end QoS. In that manner, it will cover QoS parameters as defined by the ITU and QoS for data (i.e., Over-The-Top services) and mobile services. Finally, the course will include network neutrality, Internet KPIs (Key Performance Indicators) and their measurements. |
| Dates                 | 13-20 April 2020   |
| Duration              | 8 days   |
| Registration deadline | 12 April 2020  |
| Training fees         | USD 150  |
| Course code           | <b>200I24819EUR-E</b>  |

## LEARNING OUTCOMES

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At the end of the training, the participant should have gained an understanding of the key aspects of:

- Internet fundamentals
- Internet security by IETF
- ITU's security architectures providing end-to-end communications
- Cybersecurity
- Cloud computing and Internet of Things (IoT) security
- Internet QoS
- QoS parameters
- QoS for data and mobile broadband services
- Network neutrality and Internet KPIs measurements
- ITU guidelines for QoS regulation

## TARGET POPULATION

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This course is targeted at managers, engineers and employees from regulators, government organisations, telecommunication companies and academia, who are interested in understanding, implementation and regulation of Security and QoS in Internet Network, including technologies, standardization, regulation and content. Other institutions and individuals that are dedicated in building their capacity related to Security and QoS in Internet Network are also welcome to participate.

## TUTORS/INSTRUCTORS

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| NAME OF TUTOR(S)/INSTRUCTOR(S) | CONTACT DETAILS  |
|--------------------------------|--|
| Prof. Dr. Toni Janevski        | <a href="mailto:tonij@feit.ukim.edu.mk">tonij@feit.ukim.edu.mk</a> |

## EVALUATION

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On the last day of the course a quiz test will be assigned. It will consist of 20 questions (multiple choice) which should be solved in a time frame of 90 minutes, with at least 12 correct answers (60%).

The course evaluation for obtaining the certificate at the end is based primarily on the results from the Quiz, however, replies to the raised discussion topics may also be considered in the evaluation process.

## TRAINING SCHEDULE AND CONTENTS

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There are in total eight days, from which first 5 days (13-17 April 2020) there will be given recorded video lectures, 2 per day, five days in total and that gives the total of 10 video lectures in this course. The lectures are on the following subjects:

| Lecture    | Subject  |
|------------|--|
| Lecture 1  | Internet fundamentals  |
| Lecture 2  | Internet security by IETF  |
| Lecture 3  | ITU's security architectures providing end-to-end communications |
| Lecture 4  | Cybersecurity  |
| Lecture 5  | Cloud computing and Internet of Things (IoT) security            |
| Lecture 6  | Overview of Internet QoS   |
| Lecture 7  | QoS parameters   |
| Lecture 8  | QoS for data and mobile broadband services                       |
| Lecture 9  | Network neutrality and Internet KPIs measurements                |
| Lecture 10 | ITU guidelines for QoS regulation                                |

These lectures are video recorded from a face-to-face ITU Centre of Excellence workshop organised by National Institute of Telecommunications in Poland. In total there are 10 video lectures during the course.

The course begins on Monday, and ends next Monday.

Each working day there will be posted a discussion topic before noon (according to the GMT+1 time) by the course tutor (posted in Forum) and they are intended to point to the participants the main subject covered in the video lectures on the given day.

Participants could also raise their own discussion topic thread on the appropriate place for it that is "General discussions" forum.

At the end of each day, from Monday to Friday, I will give a summary of the day on the raised daily Forum topics.

All course news and announcement will be given in the News Forum on the cover page of the course.

| Days  | Activity | Exercises and interactions   |
|-------|----------|--|
| Day 1 | Learning | Watching and listening to video lectures 1 and 2. Answering on questions asked by the tutor, and possibility to ask questions to him via course forum. |
| Day 2 | Learning | Watching and listening to video lectures 3 and 4. Answering on questions asked by the tutor, and possibility to ask questions to him via course forum. |
| Day 3 | Learning | Watching and listening to video lectures 5 and 6. Answering on questions asked by the tutor, and possibility to ask questions to him via course forum. |

|                |                            |   |
|----------------|----------------------------|---|
| <b>Day 4</b>   | Learning                   | Watching and listening to video lectures 7 and 8. Answering on questions asked by the tutor, and possibility to ask questions to him via course forum.  |
| <b>Day 5</b>   | Learning                   | Watching and listening to video lectures 9 and 10. Answering on questions asked by the tutor, and possibility to ask questions to him via course forum. |
| <b>Day 6-7</b> | Consolidation of knowledge | Possibility to watch all video lectures one again with possibility to ask questions to the tutor.   |
| <b>Day 8</b>   | Solving the Final Quiz     | Solving the Final Quiz.   |

## METHODOLOGY

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The course methodology will be as follows:

- Each day from 13 to 17 April 2020 there will be made available two recorded video lectures, which are recorded in the face-to-face ITU Centre of Excellence workshop organised by National Institute of Telecommunications in Poland. In total there are 10 video lectures during the course.
- Discussion forum will be organized based on discussion topics given on a daily basis, where students are highly encouraged to participate and interact with instructors and other students.
- Quiz test will be assigned on the last day of the course, 20 April 2020.
- All announcements for all events (lectures, quiz and forum) will be given in a timely manner (prior to the event) by the course tutor.

## COURSE COORDINATION

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| <b>Course coordinator:</b><br>Name: Sylwester Laskowski<br>Email address: <a href="mailto:S.Laskowski@il-pib.pl">S.Laskowski@il-pib.pl</a> | <b>ITU coordinator:</b><br>Name:<br>Email address: |
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## REGISTRATION AND PAYMENT

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### ITU Academy portal account

Registration and payment should be made online at the ITU Academy portal.

To be able to register for the course you **MUST** first create an account in the ITU Academy portal at the following address:

<https://academy.itu.int/index.php/user/register>.

## Course registration

When you have an existing account or created a new account, you can register for the course online at the following link: <https://academy.itu.int/training-courses/full-catalogue/security-and-qos-internet-network-2>

You can also register by finding your desired course in our training catalogue <https://academy.itu.int/index.php/training-courses/full-catalogue>.

## Payment

### 1. On-line payment

A training fee of USD 150 per participant is applied for this training. Payment should be made via the online system using the link mentioned above for training registration at <https://academy.itu.int/training-courses/full-catalogue/security-and-qos-internet-network-2>

### 2. Payment by bank transfer

Where it is not possible to make payment via the online system, select the option for offline payment to generate an invoice using the same link as above. Download the invoice to make a bank transfer to the ITU bank account shown below. Then send the proof of payment/copy of bank transfer slip and the invoice copy to [Hcbmail@itu.int](mailto:Hcbmail@itu.int) and copy the course coordinator. **All bank transaction fees must be borne by the payer.**

**Failure to submit the above documents may result in the applicant not being registered for the training.**

### 3. Group payment

Should you wish to pay for more than one participant using bank transfer and need one invoice for all of them, create an account as **Institutional Contact**. **Institutional Contacts** are users that represent an organization. Any student can request to be an institutional contact or to belong to any existing organization.

To do this, head to your profile page by clicking on the “**My account**” button in the user menu. At the bottom of this page you should see two buttons:

- a. If you want to **become an institutional contact**, click on the “**Apply to be an Institutional Contact**” button. This will redirect you to a small form that will ask for the organization name. After you fill the name of the organization you want to represent, click on “**continue**” and a request will be created. An ITU Academy manager will manually review this request and accept or deny it accordingly.
- b. If you want to **belong to an existing organization**, click on the “**Request to belong to an Institutional Contact**” button. This will redirect you to a small form that will ask you to select the organization you want to join from an organization list. After you select the correct organization, click on “**continue**”, a request will then be created. The Institutional Contact that represents that organization will manually accept or deny your request to join the organization.

**ITU BANK ACCOUNT DETAILS:**

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|---------------------------|--|
| Name and Address of Bank: | UBS Switzerland AG<br>Case postale 2600<br>CH 1211 Geneva 2<br>Switzerland |
| Beneficiary:              | Union Internationale des Télécommunications                                |
| Account number:           | 240-C8108252.2 (USD)   |
| Swift:                    | UBSWCHZH80A  |
| IBAN                      | CH54 0024 0240 C810 8252 2   |
| Amount:                   | USD 150  |
| Payment Reference:        | CoE-EUR 24819-P.40595.1.04]  |

**4. Other method of payment**

If due to national regulations, there are restrictions that do not allow for payment to be made using options 1 & 2 above, please contact the ITU coordinator for further assistance.

**CERTIFICATES**

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Each fully registered participant who will successfully complete the course, based on the evaluation, will receive an ITU Certificate after the course.